

Dear Friends,

November 2017

Well, I can't believe that this is the Contact for November and December. Where has the year gone? Christmas is often a time when we catch up on news about family and friends, but before this in November we remember loved ones who have died on All Souls' Day and those who have died in war and conflict on Remembrance Day. It's a time to remember those we see no longer, to give thanks for what they gave us during their life and to give thanks for those who work to bring peace to our world and remember those who lost their lives in doing so.

The run up to Christmas (Advent) is, for many, a busy time of year filled with the stresses of shopping and preparations, as well as the joys of carol singing, presents and celebrations with Family and friends. For others, it can be a lonely time shaped by sadness and memories. It's important to find time to pause and reflect. To find a moment of peace in the busyness, a breakthrough of hope in our sadness or rediscovery of love in relationships that have become stressed. In whatever situation you find yourself at this time, God is with you - you need only turn to him and asked to know his presence.

Every blessing,